



“The quality and depth of our ordinary experience in general determine our awareness or non-awareness of God.... Our awareness in ordinary life, or lack of it, depends upon our ability to be contemplative.... Contemplation is about waking up. To be contemplative is to experience an event fully, in all its aspects. Biblically, this is expressed as coming ‘face-to-face’ with God, others and the cosmos....

God is always present, but we are not always present to God.’

Ronald Rohlheiser
*The Shattered Lantern:
Rediscovering the Felt Presence of God*

THE 2006 CONTEMPLATIVE LIFE PROGRAM

Study and Practice in Community

How do we ‘rediscover the felt presence of God’? Is it possible to experience the Living God in the ordinary routines of a busy modern life? How do aspiring contemplatives live a life of practice in the midst of family, job demands and societal distractions?

In 2005, over 1400 people from all over the world sought to answer these questions by participating in The Contemplative Life Program (CLP). This program explores how to be a practicing contemplative, abiding in the presence of God in the midst of ordinary life. The CLP provides the tools, the Christian contemplative teachings and the community support necessary to live and embody the contemplative dimension of the Gospel.

‘Since consenting to participate and deepen our practice through the CLP, I’m aware of being more mindful of God’s presence and my motivation for doing whatever I’m doing in prayer, work and in relationship with others. Is my intention one of love for God or am I acting out of self-interest? We often say how blessed we are in having this connection with Contemplative Outreach to support us on the journey.’
current CLP subscriber

In 2006, there are two opportunities to participate:

■ **Year One: Practice**

For new subscribers, this program includes seven journeys through the core contemplative practices:

CENTERING PRAYER

WELCOMING PRAYER

LECTIO DIVINA

DISCERNMENT

FORGIVENESS

ACTIVE PRAYER

INTENTION/ATTENTION

Each booklet includes excerpted teachings, inspirational quotes, scripture, beautiful images, practices and suggested readings. Booklets will be mailed to subscribers approximately every 50 days. Cost: \$140

'The purpose of every true
devotional practice
and method of prayer
is to bring us to a
person-to-person,
being-to-being
relationship with Christ'

Father Thomas Keating
Crisis of Faith, Crisis of Love

■ Year Two: Developing Contemplative Attitudes through Practice

For current subscribers to The Contemplative Life Program wishing to deepen their practice and their relationship with God in every day life. This program continues the focus on practice by exploring contemplative attitudes and dispositions that emerge from the contemplative life. The topics include:

SPIRITUALITY OF MONEY
CONTEMPLATIVE SERVICE
SILENCE AND SOLITUDE
SIMPLICITY
PRAYER
HOSPITALITY
FAITH: AN ADVENT COMPANION

Current subscribers will recognize the same beautiful, prayerful booklet format as was presented in the Year One program. Cost: \$100 for current subscribers (\$140 for new subscribers)

To subscribe:

Phone: 800-608-0096 US & Canada, 570-822-8899 International

Online: <http://www.coutreach.org/clp.htm>

- Gift subscriptions are available.
- E-subscriptions are available at a reduced rate for subscribers outside the USA and Canada.

Help develop a scholarship fund!

Donations are encouraged to provide scholarships for those who, at this moment in time, cannot afford a CLP subscription. Please indicate your desire to donate when you subscribe.

Questions:

- Visit the CLP FAQ online at <http://www.coutreach.org/clp.htm>
- Review subscribers' comments and experiences at <http://www.coutreach.org/clp/clpexperience.htm>
- Email CLP@coutreach.org or call +1-973-838-3384

Join together with others in exploring what it means to live the contemplative dimension of the Gospel in everyday life...in deepening your commitment to your own transformation.... in participating in the transformation of the world.



A 501(c)3 non-profit organization