

Contemplative Outreach of Greater Vancouver
Centering Prayer Advanced Silent Retreat
“Be still and know that I am God.” Psalm 46.10

Contemplative Outreach of Greater Vancouver invites you to a seven-day retreat to deepen your relationship with God in an atmosphere of silence, prayer, caring, support and hospitality. It is intended for people who have an established Centering Prayer practice and silent retreat experience.

The retreat schedule will focus time and space to foster one’s personal interaction with the Spirit. It will also include:

- **Centering Prayer** periods
- **One-to-one soul friending** (optional), to reflect on our Centering Prayer practice and retreat experience.
- **Healing Touch:** The option to receive individual healing prayer and divine energy work provided by experienced practitioners.
- **Conferences:** Brief sessions of viewing and group reflection will centre on DVD presentations of Thomas Keating and Richard Rohr on the subject of “The Eternal Now and How to be there.”

Location: Bethlehem Retreat Centre

- Bethlehem Retreat Centre on Westwood Lake in Nanaimo, BC on Vancouver Island is located on seven acres. It offers delightful views over the water and hills beyond, excellent walking trails and quiet surroundings. Participants may choose to travel as foot passengers on the ferry and then share the cost of a short minute cab ride to the centre.

Date: ***May 1 to 7, 2010*** (arr. before dinner Saturday; depart early Friday)

Team: Facilitated by the COGV Retreat Team with Wendy Eyre-Gray. Wendy is a spiritual director, Enneagram teacher, retreat and workshop presenter, and an Anglican priest.

Cost: ***\$750*** includes all meals, six nights’ accommodation in private rooms, seven-day retreat, and Healing Touch on request.

Please contact Susan by email: burns@sfu.ca; or telephone: 604-738-4758 to register your interest. A \$100 non-refundable deposit will then reserve your place. Please mail your cheque, made payable to COGV, to Susan Burns, 3319 West 22nd Ave., Vancouver, BC V6S 1J1.